Intramural Team Sports
- Dodgeball (February - March)
- Over 30 Basketball (February - March)
- 7 v 7 Soccer (April - June)
- Softball (April - July)
- Ultimate Frisbee (August - September)
- Volleyball (October - November)

Run/Walk Race Series
- Sexual Assault Awareness & Prevention 5K Run/Walk (April)
- Armed Forces Day Obstacle Run/Walk (May)
- Beat the Heat 5K Run/Walk (August)
- Remembrance Run 5K (September)

Multi-Installation All-Star Sports Tournaments
- Volleyball (Winter at DLA Susquehanna)
- Basketball (Spring at Carlisle Barracks)
- Softball (Summer at Carlisle Barracks)
- Flag Football (Fall at NSA Mechanicsburg)

Individual/Dual Sports & Competitions
- 1000/750/500-LB Club Competition (January)
- Bench Press Competition (February)
- Racquetball (March - May)
- Home Run Derby (June)
- Tennis League (June - September)
- MWR Sports & Fitness Cup (August)
- Bowling League (September - October)
- Fall Tennis Open (October)